

Unit 9: Maintain Healthy, Safe & Secure Working Environment

- Q1.** What is occupational health?
- Q2.** What is the importance of the Occupational Safety, Health and Working Conditions (OSHWC) Code?
- Q3.** What is Personal Protective Equipment (PPE) and why is it necessary?
- Q4.** What is meant by good posture and why is it important at the workplace?
- Q5.** What is workplace stress?
- Q6.** Why is air quality important in the workplace?
- Q7.** What is the Air Quality Index (AQI)?
- Q8.** Why is workplace cleanliness important?
- Q9.** What is the importance of ergonomics in the workplace?
- Q10.** What is workplace violence and why is it a concern?